

# CALLERLAB BASIC PROGRAM

September 1, 2021

## Basic Program – Part 1

1. Circle Left / Circle Right
2. Forward and Back
3. Dosado / *Dosado to a Wave*
4. Swing
5. Promenade Family
  - a. Couples (Full, 1/2, 3/4)
  - b. Single File Promenade
  - c. *Wrong Way Promenade*
  - d. *Star Promenade*
6. Allemande Left
7. Arm Turns
8. Right and Left Grand Family
  - a. Right and Left Grand
  - b. Weave the Ring
  - c. *Wrong Way Grand*
9. Left-Hand Star / Right-Hand Star
10. Pass Thru
11. Half Sashay Family
  - a. Half Sashay
  - b. Rollaway
  - c. Ladies In, Men Sashay
12. Turn Back Family
  - a. U-Turn Back
  - b. Backtrack
13. Separate
  - a. Around 1 or 2 to a Line
  - b. Around 1 or 2 and come into the middle
14. Split Two
15. Courtesy Turn
16. Ladies Chain Family
  - a. Two Ladies Chain (Reg. & 3/4)
  - b. Four Ladies Chain(Reg. & 3/4)
  - c. *Chain Down the Line*
17. Do Paso
18. Lead Right / Lead Left
19. Veer Left / Veer Right
- [16.c. *Chain Down the Line*]
20. Bend the Line
21. Circulate Family
  - a. (Named Dancers) Circulate
  - b. Couples Circulate
  - c. *All Eight Circulate*
  - d. *Single File Circulate*
  - e. *Split/Box Circulate*
22. Right and Left Thru
23. Grand Square
24. Star Thru
25. Double Pass Thru
26. First Couple Go Left/Right,  
Next Couple Go Left/Right
27. California Twirl
28. Walk Around the Corner
29. See Saw

30. Square Thru (1, 2, 3, 4) /  
Left Square Thru (1, 2, 3, 4)
31. Circle to a Line
32. Dive Thru

## Basic Program - Part 2

33. Wheel Around / Reverse Wheel Around
34. Box the Gnat
- [8.c. *Wrong Way Grand*]
35. Trade Family
  - a. Trade
  - b. Partner Trade
  - c. Couples Trade
36. Ocean Wave Family
  - a. Step to a Wave
  - b. Balance
- [21.c. *All Eight Circulate*]
37. Alamo Style
38. Swing Thru / *Left Swing Thru*
39. Run / *Cross Run*
40. Pass the Ocean
41. Extend
42. Wheel and Deal
43. Zoom
44. Flutterwheel / *Reverse Flutterwheel*
45. Sweep a Quarter
46. Trade By
47. Touch 1/4
- [21.d. *Single File Circulate*]
- [21.e. *Split/Box Circulate*]
48. Ferris Wheel

**Suggested Teaching Order.** Calls in *italics* may be deferred until later in the teaching sequence. Recommended placement of some of these calls has been indicated with [square brackets].

CALLERLAB recommends that the BASIC Programs, calls 1–48, be taught in not less than 44 hours. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program.